

# FIRST YEAR SURVIVAL GUIDE

Tutoring | Mentorship | Social Events | Support

Studying engineering requires a lot of commitment, and so does being a varsity athlete. You've committed yourself to both, and that's why Blues Engineering is committed to you. Our goal is to help you juggle school and sports so you can succeed both academically and athletically.



Graeme Aylward | IndE | Swimming

## QUICK TIPS AND TRICKS

### ATHLETIC THERAPY

Injuries and strains can happen. The David L. Macintosh Clinic, located in the Goldring Centre, is a state-of-the-art facility offering both sports-related medical appointments and physical therapy services to U of T students. If you get injured at practice, call them at 7am the next day and they will try to sneak you in for a same-day appointment. Their number is (416) 978-4678.

### TEST PREPARATION

The engineering student community has a repository of past midterms and exams available online at [courses.skule.ca](https://courses.skule.ca). These old assessments are helpful practice material to prepare you for the test questions you will receive. Blues Engineering will also be running test-specific study sessions - stay tuned to our Facebook page for updates!

### COURSE WORK PETITIONS

Have to miss a course assessment for a competition? To avoid losing marks, make sure you fill out a petition form online at this link: [portal.engineering.utoronto.ca](https://portal.engineering.utoronto.ca). You will have to provide official documentation explaining that you will be away for a university-approved athletic event. You can access this at [varsityblues.ca](https://varsityblues.ca) under "Athletes Only".

## MEET THE TEAM



Graeme Aylward  
IndE | Swimming



Zoe Petkovic  
EngSci | Track and XC



Emmett Bravakis  
MechE | Swimming



Carter Buck  
EngSci | Swimming

